

<b>Distance Chart / Number of Strides Between Jumps</b>						
<b>Pole Placement</b>	<b>No Stride (Bounce)</b>	<b>1 Stride</b>	<b>2 Strides</b>	<b>3 Strides</b>	<b>4 Strides</b>	<b>5 Strides</b>
Trot Poles	4'3" - 4'9"	8'6"-9'6"				
Canter Poles	7' - 8'	14' - 16'				
Placing Pole / Trot	7' - 9'					
Placing Pole / Canter	8'6" - 10'					
From a Trot Jump	9'6" - 10'6"	18' - 20'	28' - 30'	39' - 43'		
From a Canter Jump (gymnastic)	10' - 11'6"	19' - 22'	30' - 33'	41' - 45'	52' - 57'	63' - 68'
Competition Distance at 12' Stride		24'	36'	48'	60'	72'